

# What is ImPACT?

## INFORMATION FOR TEST TAKERS, PARENTS AND GUARDIANS

### 1. What does ImPACT mean?

ImPACT® stands for **Immediate Post-Concussion Assessment and Cognitive Testing**.

### 2. What is ImPACT?

ImPACT is an **objective tool to support trained healthcare providers in making sound return to activity decisions following concussions**. It's a computerized test that **measures memory, attention span, visual and verbal problem solving**. ImPACT has two primary uses: before the onset of an activity, a **baseline test** is conducted to measure the athlete's performance baseline. In the event of an injury, a **post-injury test** is administered and compared to the baseline and/or normative data scores.

### 3. Why use ImPACT?

Neurocognitive testing is the **"cornerstone" of modern concussion management**. It gives healthcare providers **objective data** to evaluate a patient's post-injury condition and aids in tracking recovery for **safe return to activity**.

### 4. Who is currently using ImPACT?

Thousands of **high schools, colleges, and universities**, thousands of **clinical centers**, hundreds of **Credentialed ImPACT Consultants**, hundreds of **professional teams**, and select **military units** choose ImPACT to assist in the management of concussion. Since 2002, ImPACT has served tens of millions of individual test takers.

### 5. ImPACT is NOT:

- **A diagnostic test.** ImPACT is one tool that can be used by medical professionals to help measure an individual's recovery from a concussion.
- **A one step solution to concussions.**
- **A preventative tool.** Nothing can truly prevent concussions.
- **A substitute for medical treatment or management.**
- **A replacement for a cat scan, MRI or other medical technology.**